



TWO DAY TRAINING IN MIND/BODY STRESS REDUCTION TECHNIQUES

EARN CEUs

**13 New York State approved CEUs for licensed clinical social workers
approval #0107**

**14 credits from Commonwealth Educational Seminars
for social workers from other states and for psychologists**

WHEN: Thursday and Friday, May 4th and 5th – 9 AM TO 5 PM

WHERE: 420 East 64th Street * New York City

GIVEN BY: Helen Adrienne, LCSW, BCD

COST: \$795.00 US which includes lunch both days, Helen's book and audio program, and a comprehensive summary of the training consisting of over 200 pages of information and instructions.

This largely *experiential workshop* is oriented toward, but not limited to, working with patients who are in the agonizing quest for parenthood. You will learn powerful stress reduction interventions for patients in crisis *due to any adversity*.

You will have a chance to cross-pollinate with other professionals who, in the past, have come from around the country and around the world. Registration is limited to 10 attendees.

You will not only experience a wide array of mind/body interventions, you will come to understand *why these techniques work* based on the way our brains are wired. For a complete list of topics and more information, go to:

<http://helenadrienne.com/for-professionals-3/for-professionals-2/>

Feel free to call Helen --- 212-758-0125