

The Sex-Starved Marriage- Michele Weiner-Davis

This speech describes the most common pattern with regards to a sexual desire discrepancy in relationships. I will offer several practical solutions which will be helpful to anyone working with couples. Video examples included.

- The Divorce Buster meets the Sex-Starved Marriage
- Applicability to all intimate relationships
- The sexual/emotional Catch-22
- Couples therapy bias and why it doesn't work
- Turning the conventional approach upside down
- Definition of a sex-starved marriage
- Rejection- a primal emotion
- The prevalence of a sexual desire gap
- Low desire in men
- A 3-prong approach to a sexual desire gap

- Creating empathy in the lower desire spouse
- A more comprehensive view of sexual desire
- “Real Giving” and the 5 Love Languages
- Suggested reading and a TEDx talk
- The Tronick Technique
- Creating empathy in the higher desire spouse
- Developing acceptance
- Using the “f” word
- Accepting a gift
- Reflecting on ourselves

Questions? Email: Michele@divorcebusting.com

Watch Michele’s TEDx on [The Sex-Starved Marriage](#)

